



**Northville High School PTSA is sponsoring an educational program for students, parents and educators....**

# **WHAT YOU NEED TO KNOW ABOUT SCHOOL ANXIETY!**

**Monday, February 1<sup>st</sup>, 2016  
Northville High School Auditorium  
6:30-7:30 p.m.**

**Speaker Bernie Les, Ph.D., Director of Insight Psychological Services, Psychologist, and professional parent educator will use humor and practical ideas to help recognize how anxiety causes students to struggle academically and socially and present ways to change it into healthy problem solving. While secondary school students may be the focus, all ages are welcome and would benefit.**

## **ABOUT OUR SPEAKER**

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**IN ADDITION TO PRIVATE PRACTICE, DR. LES IS AN ADJUNCT FACULTY MEMBER AT WAYNE STATE UNIVERSITY AND HAS EXTENSIVE EXPERIENCE SPEAKING TO AND CONSULTING PARENTS AND EDUCATORS ACROSS THE METRO-DETROIT AREA.**

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**STARTING AT 6:00 P.M. REPRESENTATION FROM NORTHVILLE YOUTH ASSISTANCE WITH NHS COUNSELING AND SOCIAL WORK WILL BE AVAILABLE TO ANSWER QUESTIONS AND OFFER RESOURCES.**

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**PROGRAM IS FREE. REGISTRATION IS PREFERRED, BUT NOT REQUIRED.**

## **NORTHVILLE HIGH SCHOOL AUDITORIUM**

**45700 W. Six Mile Road,  
Northville, MI 48168**

To register, please email [schneima@northvilleschools.org](mailto:schneima@northvilleschools.org) and use **Presentation** in the subject line